

# ORANA

COMMUNITY CENTRE INC.



40 Cardo Drive  
Springdale Heights  
NSW 2641

Welcome to our very first newsletter of 2023!

This year is looking very busy indeed, with new faces and many more activities and pop up activities being offered throughout the year.

Thanks to all who assisted with the survey last year, we got some great responses and it was great to reflect upon the running of the Centre and see where we can improve our services to the community.

Come along and enjoy a sausage sizzle on Monday/ Tuesday or Wednesday, between 12 and 1pm.

Dress up in your best Aussie outfit or just come for a yarn! We would love to see you here!

Australia Day Celebrations

## \*Pop up Course\*

### Raising Resilient Children (from the Triple P International)

For parents and carers of children aged between 2 and 10 years

This session will provide information on:

- Recognising and accepting feelings
- Expression of feelings
- Building a positive outlook
- Developing coping skills
- Dealing with negative feelings
- Stressful life events



When; February 22nd

Time; 1-3pm

Cost; FREE

BOOKING ESSENTIAL

## WEDNESDAY NIGHT SEWING

JOIN A FUN SOCIAL GROUP WHO LOVE TO ATTEMPT TO FINISH OFF ALL THOSE UN-FINISHED SEWING PROJECTS OR START SOMETHING NEW!

WEDNESDAY  
6:30 TO 9PM  
COST; \$5 PER WEEK



## SAVE THE DATE

ORANA OPEN DAY  
WITH A CRAFT MARKET /  
CARBOOT SALE

Saturday March 11th

10am till 2pm

Come along for a day of seeing the talented artists and their works that they will be showcasing, finding treasures, food stalls, face painting and lots more!

Call the office to book your stall/site today



### Maternal Child & Health Nurse

Will be here every second Wednesday of every month from 9am till 12pm.

For bookings please call Albury Community Health on 60 581 800

### Other services we offer:

**Recycle Station**— Used batteries, phones, light globes and smoke detectors can be dropped to the centre.

**Free Mini Library**—Come along and read our books or take them home. Swap books or add to our collection.

**Public Computer**—Free public access to our computer



Stay tuned for us to spread the love in February for our Valentines community activity

## PLAYGROUP

Do you want to build new connections for you and your child?

Come along and enjoy a fun relaxed morning with like minded parents at our facilitated playgroup.

We offer weekly themed activities, crafts and a wonderful, safe outdoor play space.

Suitable for children aged 0 -5

Every Tuesday & Wednesday  
10am till 12

Cost \$20 per term



SCAN ME